

BEST FITNESS



38th Annual Mother's Day 5K Women's Run/Walk bRUNch

Sunday, May 13, 2018 9:30 am • Central Park, Schenectady

TEAM Registration Form

FEES

Mother: HMRRC Member \$18; Non-Member \$20
Child participants: \$10 each child

RULES

- 1) A runner can represent only one team.
2) Children must be 18 and under to participate on a team
3) Mothers may register as many children as they wish on a team roster, but only the mother's time and first child finishing time will be used for scoring
4) Team entries must be mailed and postmarked by May 9, 2018.
5) Awards to top 3 teams

38th Annual Mother's Day bRUNch Team Application

Submit registration form and non-refundable payment to: HMRRRC, c/o DEE FISHER-GOLDEN, 120 BLESSING RD, SLINGERLANDS, NY 12159-2179

MOTHER'S INFORMATION:

Women's T-shirt Size: Small Medium Large X-Large

Name: First Name Last Name

Address:

City: State: ZIP:

Phone: Date of Birth: Month Day Year

Age on 05/13/18: HMRRC Member? Yes No

TEAM PARTICIPANTS:

Name Gender M/F DOB T-Shirt Size (Adult)
Name Gender M/F DOB T-Shirt Size (Adult)
Name Gender M/F DOB T-Shirt Size (Adult)
Name Gender M/F DOB T-Shirt Size (Adult)

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I AGREE NOT TO WEAR HEADPHONES DURING THIS EVENT. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather including high heat or humidity, traffic and the conditions of the road, all such risks are being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Hudson Mohawk Road Runners Club, the City of Schenectady or Best Fitness, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

SIGNATURE

PARENT/GUARDIAN SIGNATURE (if children under 18)